

Responding to challenging behaviour and high risk with assertive outreach

As an approved Alcohol Change training provider, Rowan Alba delivers Blue Light Training aimed at those working with change-resistant drinkers to implement a harm reduction approach.

The course is facilitated by experienced staff from our CARDS service (Community And Residential Development Support). Their first-hand knowledge of "what works" will give you and your team practical skills that can be the building blocks of an effective approach to a range of hard-to-manage issues associated with alcohol use.

By the end of the course participants will be able to:

- Understanding the risks associated with intoxication
- Address Difficult, Dangerous and Disturbing Behaviour
- Formulate a realistic intervention plan for a change-resistant drinker
- Identify common barriers to change

Workshop content

- Introducing a referral
- Introducing Alcohol Change Blue Light Training
- Exploring personal value
- Team thinking
- Reflections

This training programme can be adapted to suit your organisation.

Training costs £50 per person or £750 per day (for a group of up to 15 people)



Contact Tracey Stewart
assess your training needs

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