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COVID-19 – Framework for Decision Making

# Scotland's route map through and out of the crisis

Phase 2 Update – 18 June 2020



# Introduction

- Introduction
- Route map
- Phase 2 key changes and dates

We published the *Coronavirus (COVID-19): Framework for Decision Making: Scotland's Route Map through and out of the crisis* on 21 May 2020. It indicates the order in which we will carefully and gradually lift lockdown restrictions, and sets out the criteria to be met for progressing through the route map phases. These criteria include required statistical measures of progress in suppressing the virus and broader requirements based on the World Health Organization's (WHO) conditions for easing restrictions.

The Route Map table summarises the changes we plan to make in each phase. It does not include everything that we know will be of importance to people. Specific questions and concerns will often be covered in the supporting guidance: <https://www.gov.scot/collections/coronavirus-covid-19-guidance/>

The COVID-19 crisis is uncertain and complex and our understanding of it is evolving. When we published the Route Map we said that it will be updated as the evidence and information changes. Our approach, and the Route Map, would be dynamic and responsive. The announcement that Scotland was moving to Phase 1 of the Route Map<sup>1</sup> was made on 28 May.

## A staged approach to Phase 2

The current status of the epidemic in Scotland means that the changes in Phase 2 will be introduced in stages, rather than all at once. An updated Route Map table setting out the changes that will take place is set out below. All phase changes apply to all parts of Scotland.

### An update for people who are shielding

We are still advising the shielding group to take additional steps to minimise their chance of catching COVID-19 until at least 31 July. The First Minister announced on 8 June potential changes to shielding advice to allow outdoor exercise from 18 June. We advised that you would be able to go outdoors for a walk, wheel, run or cycle.

We are now expanding our advice so that, as of Friday 19 June, you can also take part in non-contact outdoor activities such as golf and hiking. When doing so, you should:

- maintain strict physical distancing of at least 2 metres (3 steps) at all times, even if you live with the person you're out with
- choose times and areas that are quiet, if possible
- wash your hands for at least 20 seconds as soon as you get back home

<sup>1</sup> <https://www.gov.scot/publications/coronavirus-covid-19-framework-decision-making-scotland-s-route-map-through-out-crisis-phase-1-update/>



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As we promised when we made that announcement, we have continued to keep the guidance for the shielding group under review. We now consider that the chance of catching the virus outdoors is low enough for individuals in the shielding group to meet with one other household in a group of up to 8 people outside from 19 June. Those shielding should still only work from home and should avoid shops, pharmacies and other situations where it would be difficult to stay 2 metres apart from other people.

We understand that shielding has been difficult, especially whilst restrictions are being eased for everyone else. This is why we will be trying, as far as it is safe to do so and based on clinical and scientific advice, to move away from a blanket approach for the shielding group. We will provide the public with the information they need to make informed decisions about the risk the virus poses to them, based on individual conditions and the changing infection rate in their area.

### **Stay Safe, Protect Others, Save Lives**

It needs to be emphasised that continued progress through the Route Map phases depends on all of us complying with the rules set out in each phase.

It is crucial not only to stay safe as individuals but to also protect others, to save lives.

The fact is there still remains a group of people at an increased risk from COVID-19 (including those over 70, those who receive the flu jab, and disabled people). Those people should be particularly careful in following physical distancing measures along with handwashing and cough hygiene.

Others should be equally mindful and respectful of their situation.

We have published advice for people with specific health conditions but who are not shielding to help them manage their condition during the COVID-19 pandemic: <https://www.gov.scot/publications/coronavirus-covid-19-tailored-advice-for-those-who-live-with-specific-medical-conditions/>. We will continue to raise awareness of the continued risk from the virus and motivate and support people to comply with the new guidance.

It is only through continued compliance that we will achieve the progress required to meet the criteria for the next phase of easing restrictions. Weaker compliance may require us to delay the next phase or tighten restrictions.



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### **Measuring the impact of changes**

We will publish an Equalities Impact Assessment (EQIA) covering the Route Map and incorporating Fairer Scotland considerations in the week beginning 22 June. We will publish other relevant impact assessments in due course. We will also publish an evidence paper demonstrating that we have met the criteria for moving to Phase 2.

### **Scottish Government**

**June 2020**



**Guide to re-opening and scaling up over the course of Phase 2. Not all details are shown below. Please refer to guidance and Q&A for more information.**

**Friday 19 June**

People who are shielding are able to leave their home for exercise (from 18th June) and to meet with 1 other household outdoors (max 8 people in total) with physical distancing. People who are shielding can take part in non-contact outdoor activities such as golf, hiking, fishing etc.

People who are not shielding can now meet with more households outside. Limit increased from meeting 1 other household to meeting 2 households; 8 person overall limit and need for physical distancing remains.

They can also use toilets indoors while visiting the outdoors of another household. (Hygiene measures are essential.)

Certain household types can now meet others indoors in an **'extended household'**.

People should continue to stay in their local area (broadly within five miles) as much as possible and should not travel further for leisure or recreation.

**Monday 22 June**

Face coverings are mandatory on public transport.

Places of worship can re-open for individual prayer or contemplation.

Professional sport can resume – with public health restrictions remaining in place.

Dental practices can re-open to see patients with urgent care needs.

Construction sector can implement remaining phases of sectoral plan.

College and university staff can return to make essential preparations for restart in Phase 3.

Consistent with Phase 2, accommodation can be provided for those required to stay away from home for work purposes.

**Monday 29 June**

Indoor (non-office) workplaces resume once relevant guidance is implemented.

Includes: factories, warehouses, labs and research facilities.

Excludes: Indoor workplaces due to open in Phase 3 (e.g. non-essential offices and call-centres).

Street-access retail can re-open once guidance is implemented. Interiors of shopping centres / malls remain closed for non-essential shops until Phase 3.

Outdoor markets can re-open once guidance is implemented.

Relaxation on restrictions on housing moves.

Outdoor sports courts can re-open.

Playgrounds can re-open.

Registration offices open for high priority tasks.

Marriages & civil partnerships allowed with minimal attendees – outdoors only.

Zoos and garden attractions can open for local access only (broadly within 5 miles) in this phase.

Update on remaining Phase 2 changes on Thursday 2 July

**Key Public Services Scaling-up and Resuming across Phase 2**

A wide range of health and social care services are resuming and scaling-up during this phase, consistent with our **NHS Mobilisation Plan** – including the examples below. See the plan for more details.

Continue phased resumption of any suspended or postponed GP services supported by digital consultation.	Continued GP support for shielded patients, including home visits where clinically necessary.	Consideration to be given to a phased resumption of visiting care homes starting with outdoor visiting where it is clinically safe to do so.
Reintroducing some chronic disease management.	Increasing health care provision for pent-up demand, urgent referrals and triage of routine services.	Community optometry practices re-open for face-to-face emergency and essential eye care.
Phased resumption of some screening services.	Priority referrals to secondary care.	Plan with COSLA and partners to support and (where needed) review social care and care home services.

Public services will continue to resume and scale-up during Phase 2, continuing those set out in Phase 1. In addition to the services set out above, resuming activity such as visiting support to Housing First Tenants and the resumption of area-based energy efficiency schemes.

Public transport services will increase over the phase, including increased ferry services and capacity. All phase changes apply to islands. Public transport capacity will remain constrained due to physical distancing requirements – and active travel remains the preferred mode of travel.



Scotland's route map through and out of the crisis



	Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p><b>Epidemic Status</b></p>	High transmission of the virus. Risk of overwhelming NHS capacity without significant restrictions in place.	High risk the virus is not yet contained. Continued risk of overwhelming NHS capacity without some restrictions in place.	Virus is controlled but risk of spreading remains. Focus is on containing outbreaks.	Virus has been suppressed. Continued focus on containing sporadic outbreaks.	Virus remains suppressed to very low levels and is no longer considered a significant threat to public health.
<p><b>Criteria/Conditions</b></p>	R is near or above 1 and there are a high number of infectious cases.	R is below 1 for at least 3 weeks and the number of infectious cases is starting to decline. Evidence of transmission being controlled also includes a sustained fall in supplementary measures including new infections, hospital admissions, ICU admissions, deaths of at least 3 weeks.	R is consistently below 1 and the number of infectious cases is showing a sustained decline. WHO six criteria for easing restrictions must be met. Any signs of resurgence are closely monitored as part of enhanced community surveillance.	R is consistently low and there is a further sustained decline in infectious cases. WHO six criteria for easing restrictions must continue to be met. Any signs of resurgence are closely monitored as part of enhanced community surveillance.	Virus is no longer considered a significant threat to public health.
<p><b>Protections advised in each phase</b></p>	Physical distancing requirements in place. Frequent handwashing and hygiene measures for all. Cough etiquette is maintained. Face coverings in enclosed public spaces, including public transport.	Physical distancing requirements in place. Frequent handwashing and hygiene measures for all. Cough etiquette is maintained. Face coverings in enclosed public spaces, including public transport.	Physical distancing requirements in place. Frequent handwashing and hygiene measures for all. Cough etiquette is maintained. Face coverings in enclosed public spaces. <b>Face coverings are mandatory on public transport.</b>	Physical distancing requirements in place. Frequent handwashing and hygiene measures for all. Cough etiquette is maintained. Face coverings in enclosed public spaces. <b>Face coverings are mandatory on public transport.</b>	Physical distancing requirements to be updated on scientific advice. Frequent handwashing and hygiene measures for all. Cough etiquette is maintained. Face coverings may be advised in enclosed public spaces, including public transport.

All decisions on phasing will be kept under review as the research evidence base on the impact of the virus and the effectiveness of different interventions builds.



Scotland's route map through and out of the crisis



# Scottish Government COVID-19 Routemap



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Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p>Lockdown restrictions:</p> <p>Strict physical distancing and hygiene measures.</p> <p>Contact should be within own household only.</p> <p>No public gatherings except for meetings of two people permitted.</p> <p>Self-isolation/household isolation if displaying symptoms.</p> <p>Shielding of very high risk individuals.</p>	<p>As with previous phase but with the following changes:</p> <p>More outdoor activity permitted - such as being able to sit in the park, as long as physically distanced.</p> <p>Meeting up with another household outdoors, in small numbers (max 8), including in gardens, but with physical distancing required.</p>	<p>As with previous phase but with the following changes:</p> <p>People who are <u>shielding</u> are able to leave their home for exercise (from 18th June) and to meet with 1 other household outdoors (max 8 people in total) with physical distancing. People who are <u>shielding</u> can take part in non-contact outdoor activities such as golf, hiking, fishing etc.</p> <p>People who are <u>not</u> shielding can now meet with more households outside. Limit increased from meeting 1 household to meeting 2 households; 8 person overall limit and need for physical distancing remains.</p> <p>People who are <u>not</u> shielding can also use toilets indoors while visiting the outdoors of another household. (Hygiene measures are essential.)</p> <p>Certain household types can now meet others indoors in an '<b>extended household</b>'.</p>	<p>As with previous phase but with the following changes:</p> <p>Able to meet with people from more than one household <u>indoors</u> with physical distancing and hygiene measures.</p>	<p>As with previous phase but with the following changes:</p> <p>Further relaxation on restrictions on gatherings.</p> <p>Continued importance of hygiene and public health emphasised.</p>



Seeing family and friends



Scotland's route map through and out of the crisis



Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p><b>Lockdown restrictions:</b></p> <p>Stay at home with essential travel only, staying in local area.</p> <p>Active travel including walking and cycling in local area for daily exercise.</p> <p>Public transport operating with limited service and capacity with physical distancing.</p> <p>Passengers recommended to wear face coverings, only to travel for essential purposes and to avoid busy routes/periods.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Consistent with the re-opening of workplaces set out in this phase, where home working is not possible businesses and organisations are encouraged to manage travel demand through staggered start times and flexible working patterns.</p> <p>Permitted to travel short distances for outdoor leisure and exercise but advice to stay within a short distance of your local community (broadly within 5 miles) and travel by walk, wheel and cycle where possible.</p> <p>International border health measures are introduced.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Consistent with the re-opening of workplaces set out in this phase, where home working is not possible businesses and organisations are encouraged to manage travel demand through staggered start times and flexible working patterns.</p> <p>People should continue to stay in their local area as much as possible and should not travel more than broadly five miles for leisure or recreation.</p> <p>Public transport services will increase over the phase, including increased ferry services and capacity. (All phase changes apply to islands.)</p> <p>Public transport capacity will remain constrained due to physical distancing requirements – and active travel remains the preferred mode of travel.</p> <p>International border health measures in place.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Can drive beyond local area for leisure and exercise purposes.</p> <p>Public transport operating full services but capacity still significantly limited to allow for physical distancing. Travel at peak times discouraged as far as possible.</p> <p>May be geographical differences depending on circumstances.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Public transport operating full service.</p> <p>Physical distancing may remain in place.</p>



**Getting around**





Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p><b>Lockdown restrictions:</b></p> <p>Schools and childcare services closed.</p> <p>Measures in place to support home learning and to provide outreach services to vulnerable children.</p> <p>Critical childcare provision for key workers and vulnerable children provided through hubs, nurseries and childminding services.</p> <p>Universities and colleges closed – remote learning and research.</p>	<p>As with previous phase but with the following changes:</p> <p>School staff return to schools.</p> <p>Increased number of children accessing critical childcare provision.</p> <p>Re-opening of child minding services and fully outdoor nursery provision.</p> <p>Transition support available to pupils starting P1 and S1 where possible.</p>	<p>As with previous phase but with the following changes:</p> <p>On campus university lab research restarted subject to physical distancing.</p> <p>College and university staff can return to make essential preparations for restart in Phase 3.</p>	<p>As with previous phase but with the following changes:</p> <p>Children return to school under a blended model of part-time in-school teaching and part-time in-home learning. Public health measures (including physical distancing) in place.</p> <p>Subject to the progress of the scientific evidence, schools are expected to open on this basis on 11 August. (We aim to resume normal schooling as soon as it is safe to do so.)</p> <p>All childcare providers re-open subject to public health measures, with available capacity prioritised to support key worker childcare, early learning and childcare (ELC) entitlement and children in need.</p> <p>Universities and colleges phased return with blended model of remote learning and limited on campus learning where a priority. Public health measures (including physical distancing) in place.</p>	<p>As with previous phase but with the following changes:</p> <p>Schools and childcare provision, operating with any necessary precautions.</p> <p>College and university campuses open – including key student services with any necessary precautions.</p>



**Schools, childcare and other educational settings**





Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p>Lockdown restrictions:</p> <p>Closure of non-essential workplaces.</p> <p>Social distancing requirements for essential businesses.</p> <p>Remote working is the default position.</p>	<p>As with previous phase but with the following changes:</p> <p>Remote working remains the default position for those who can.</p> <p>For those workplaces that are re-opening, employers should encourage staggered start times and flexible working.</p> <p>Non-essential <b>outdoor</b> workplaces with physical distancing resume once relevant guidance agreed.</p> <p>Construction - Phases 0-2 of industry restart plan can be implemented. (Industry to consult government before progressing to phase 2.)</p> <p>Preparing for the safe re-opening of the housing market.</p> <p>Workplaces resuming in later phases can undertake preparatory work on physical distancing and hygiene measures.</p>	<p>As with previous phase but with the following changes:</p> <p>Remote working remains the default position for those who can.</p> <p>Indoor (non-office) workplaces resume once relevant guidance is implemented.</p> <ul style="list-style-type: none"> <li>Includes: factories, warehouses, labs and research facilities.</li> <li>Excludes: indoor workplaces due to open in Phase 3 (e.g. non-essential offices and call-centres).</li> </ul> <p>Construction sector can implement remaining phases of sectoral plan.</p> <p>Consistent with Phase 2, accommodation can be provided for those required to stay away from home for work purposes.</p> <p>Relaxation on restrictions on housing moves.</p>	<p>As with previous phase but with the following changes:</p> <p>Remote working remains the default position for those who can.</p> <p>Non-essential <b>indoor office</b> workplaces can open, once relevant guidance agreed, including contact centres with physical distancing.</p>	<p>As with previous phase but with the following changes:</p> <p>Remote and flexible working remains encouraged.</p> <p>All workplaces open with improved hygiene and in line with public health advice.</p>



Working or running a business



# Scottish Government COVID-19 Routemap



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Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p><b>Lockdown restrictions:</b></p> <p>Shopping for necessities, with distancing measures.</p> <p>Closure of non-essential retail, libraries and some indoor public spaces.</p> <p>Closure and restriction of businesses selling food or drink.</p> <p>Closure of outdoor markets.</p>	<p>As with previous phase but with the following changes:</p> <p>Gradual re-opening of drive through food outlets.</p> <p>Garden centres and plant nurseries can re-open with physical distancing.</p> <p>Associated cafes should not re-open at this stage except for takeaway.</p>	<p>As with previous phase but with the following changes:</p> <p>Street-access retail can re-open once guidance is implemented. Interiors of shopping centres / malls remain closed for non-essential shops until Phase 3.</p> <p>Outdoor markets can re-open once guidance is implemented.</p> <p>We will review the scientific evidence on how pubs and restaurants can open outdoor spaces safely with a review point on 2 July.</p>	<p>As with previous phase but with the following changes:</p> <p>Non-essential shops located inside shopping centres and malls can re-open in Phase 3 (subject to review of safe re-opening with a review point on July 2).</p> <p>Pubs and restaurants can open indoor spaces with physical distancing and increased hygiene routines.</p> <p>Personal retail services including hairdressers open (with physical distancing and hygiene measures).</p>	<p>As with previous phase but with the following changes:</p> <p>All open with improved public health advice.</p> <p>Shop local still encouraged.</p>
<p><b>Sport, culture and leisure activities</b></p> <p>Daily (unlimited) exercise.</p> <p>Closure of entertainment premises and leisure facilities.</p> <p>Closure of playgrounds.</p> <p>Closure of holiday accommodation.</p>	<p>Consistent with the rules and guidance that are applicable to any activity in this phase:</p> <p>Unrestricted outdoors exercise adhering to distancing measures.</p> <p>Non-contact, outdoor activities in your local areas e.g. golf, hiking, canoeing, outdoor swimming, angling.</p>	<p>Outdoor sports courts can re-open.</p> <p>Playgrounds can re-open.</p> <p>Professional sport can resume – with public health restrictions remaining in place.</p> <p>Zoos and garden attractions can open for local access only (broadly within five miles) in this phase.</p>	<p>Museums, galleries, libraries, cinemas open, subject to physical distancing and hygiene measures.</p> <p>Gyms open subject to physical distancing and hygiene measures.</p> <p>Relaxation of restrictions on accommodation providers.</p> <p>Live events permitted with restricted numbers and physical distancing restrictions.</p>	<p>Further relaxation of restrictions on live events in line with public health advice.</p>
<p><b>Shopping, eating and drinking out</b></p>				



Scotland's route map through and out of the crisis



Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p><b>Lockdown restrictions:</b></p> <p>Limited number of courts open and business limited. All jury business halted. Other services restricted where necessary in line with public health advice.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Gradual resumption of key support services at the community level with physical distancing and hygiene measures.</p> <p>Restarting face-to-face Children's Hearings with physical distancing.</p> <p>Greater direct contact for social work and support services with at risk groups and families with physical distancing and hygiene measures.</p> <p>Access to respite/day care to support unpaid carers and for families with a disabled family member.</p> <p>Household Waste Recycling Centres open.</p> <p>Re-opening of court and tribunal buildings, with limited business and public access.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Public services will continue to resume and scale-up during Phase 2, continuing those set out in Phase 1.</p> <p>In addition to the services set out elsewhere in this phase, resuming activity includes services such as visiting support to Housing First Tenants and the resumption of area-based energy efficiency schemes.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Further resumption and scaling-up of public services and justice system processes and services.</p>	<p><b>As with previous phase but with the following changes:</b></p> <p>Public services operating fully, in line with public health advice, with modifications and changes to service design, including increasing use of digital services where appropriate.</p>





Community and public services



# Scottish Government COVID-19 Routemap



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	Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
 <b>Gatherings and occasions</b>	<p><b>Lockdown restrictions:</b></p> <p>No public gatherings of more than two people. No mass gatherings. Funerals take place with limited number of attendees.</p>	<p>As with previous phase but with the following changes:</p> <p>No public gatherings permitted except for meetings of two households, outdoors and with physical distancing.</p>	<p>As with previous phase but with the following changes:</p> <p>Registration offices open for high priority tasks. Places of worship can re-open for individual prayer or contemplation. Marriages &amp; civil partnerships allowed with minimal attendees - outdoors only.</p>	<p>As with previous phase but with the following changes:</p> <p>People can meet in extended groups subject to physical distancing. Places of worship open to extended groups subject to physical distancing and hygiene safeguards. Relaxation of restrictions to attendance at funerals, marriages and civil partnerships.</p>	<p>As with previous phase but with the following changes:</p> <p>Mass gatherings resume in line with public health advice. All ceremonies can take place, with improved hygiene and other precautions.</p>
	<p>All non-urgent care health care services stopped and capacity focused on COVID-19 response: COVID hubs and assessment centres. Urgent care including dental and the creation of ICU capacity. Joint working to reduce delayed discharges by over 60% and prioritising “home first” and prioritisation of safety and wellbeing of care home residents and staff. Urgent and cancer care still available.</p>	<p>Beginning to safely restart NHS services, covering primary, and community services including mental health. Phased resumption of some GP services supported by an increase in digital consultations. Roll out the NHS Pharmacy First Scotland service in community pharmacies. Increase care offered at emergency dental hubs as practices prepare to open. Restart, where possible, urgent electives previously paused.</p>	<p>Increasing health care provision for pent-up demand, urgent referrals and triage of routine services. Reintroducing some chronic disease management. Continue phased resumption of any suspended or postponed GP services supported by digital consultation. Continued GP support for shielded patients, including home visits where clinically necessary.</p>	<p>Emergency and planned care services delivered. Expansion of screening services. Adult flu vaccinations including in care homes and care at home. All dental practices begin to see registered patients for non-aerosol routine care. Urgent care centres to provide aerosol generating procedures. All community optometry re-opens with social distancing safeguards.</p>	<p>Full range of health and social care services provided and greater use of technology to provide improved services to citizens.</p>
 <b>Health and social care</b>					



Scotland's route map through and out of the crisis



Lockdown	Phase 1	Phase 2	Phase 3	Phase 4
<p>Lockdown restrictions:</p>	<p>As with previous phase but with the following changes:</p> <p>Resumption of NHS IVF treatment has now been approved in Scotland and we are working with the 4 centres to resume services quickly and safely.</p> <p>Increase provision of emergency eyecare in the community.</p> <p>We will consider the introduction of designated visitors to care homes.</p>	<p>As with previous phase but with the following changes:</p> <p>Dental practices can re-open to see patients with urgent care needs.</p> <p>Priority referrals to secondary care begin.</p> <p>Continue to plan with COSLA and Scottish Care and other partners to support and, where needed, review of social care and care home services.</p> <p>Phased resumption of some screening services.</p> <p>Community optometry practices re-open for face-to-face emergency and essential eye care.</p> <p>Consideration to be given to a phased resumption of visiting care homes starting with outdoor visiting where it is clinically safe to do so.</p>	<p>As with previous phase but with the following changes:</p> <p>Some communal living experience can be restarted when it is clinically safe to do so.</p>	<p>As with previous phase but with the following changes:</p>



Health and social care continued

Notes: Above examples are illustrations, and are not intended to be comprehensive. Each phase description should be viewed as a general description rather than precise definitions of permitted activities.

All decisions on phasing will be kept under review as the research evidence base on the impact of the virus and the effectiveness of different interventions builds.





# Phase 2 key changes and dates

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## Phase 2 changes will be introduced as follows:

### From 19 June:

- people who are shielding are able to leave their home for exercise and to meet with 1 other household outdoors (max 8 people in total) with physical distancing from 18 June. They are also able to take part in non-contact outdoor activities such as golf, hiking, fishing
- people who are not shielding can now meet with more households outside. Limit increased from meeting 1 household to meeting 2 households; 8 person overall limit and need for physical distancing remains
- they can also use toilets indoors while visiting the outdoors of another household (Hygiene measures are essential)
- certain household types can now meet others indoors in an **'extended household'**
- People should continue to stay in their local area as much as possible and should not travel more than broadly five miles for leisure or recreation

### From 22 June:

- face coverings are mandatory on public transport
- places of worship can re-open for individual prayer and contemplation
- professional sport can resume – with public health restrictions remaining in place
- dental practices can re-open to see patients with urgent care needs
- construction sector can implement remaining phases of sectoral plan
- college and university staff can return to make essential preparations for restart in Phase 3
- consistent with Phase 2, accommodation allowed for those required to stay away from home for work purposes



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### From 29 June

- indoor (non-office) workplaces resume once relevant guidance is implemented
  - Includes: factories, warehouses, labs and research facilities
  - Excludes: indoor workplaces due to open in Phase 3 (e.g. non-essential offices and call-centres)
- street-access retail can re-open once guidance is implemented. Interiors of shopping malls/centres remain closed for non-essential shops until Phase 3
- outdoor markets can re-open once guidance implemented
- relaxation on restrictions on housing moves
- outdoor sports courts can re-open
- playgrounds can re-open
- registration offices open for high priority tasks
- marriages and civil partnerships allowed with minimal attendees – outdoors only
- zoos and garden attractions can open but should remain limited to local access only (broadly within 5 miles) in this phase

### Key public services scaling-up across Phase 2

#### From 19 June:

- public services will continue to resume and scale-up during Phase 2, continuing those set out in Phase 1. In addition to the services set out above, resuming activity include services such as visiting support to Housing First Tenants and the resumption of area-based energy efficiency schemes
- public transport services will increase over the phase, including increased ferry services and capacity. (All phase changes apply to islands.) Public transport capacity will remain constrained due to physical distancing requirements – and active travel remains the preferred mode of travel

A wide range of health services are resuming and scaling-up during this phase, consistent with our NHS Mobilisation Plan – including the following examples. See the plan for more details.



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### **From 22 June**

- continue phased resumption of any suspended or postponed GP services supported by digital consultation
- reintroducing some chronic disease management
- Phased resumption of some screening services

### **From 29 June**

- continued GP support for shielded patients, including home visits where clinically necessary
- increasing health care provision for pent-up demand, urgent referrals and triage of routine services
- priority referrals to secondary care

### **Thursday 2 July review point**

**Next review date: 9 July 2020. There will also be an update on remaining Phase 2 actions on 2 July.**

### **Changes to note:**

In Phase 2 we have included some new measures including Extended Households: Someone who lives alone – or someone who lives only with children under 18, can agree with another household to form an 'extended household' and be treated as being part of that household. This is the form of (social) meetings between households inside their homes that is now permitted as we move into Phase 2.

We have extended the range of retail outlets that can open to remove the distinction between small and large outlets, so all shops with street access can open. The interiors of shopping malls/centres remain closed for non-essential shops until Phase 3

In line with relaxation of house moves on 29 June, we are clarifying that travel to a second home for essential maintenance would be possible.

We will conduct a review on 2 July based on scientific advice on potentially higher transmission risk activities and settings including re-opening outdoor hospitality spaces safely (e.g. beer gardens, on-street seating). Consideration will be given to necessary precautions, advice and wider risk mitigations.



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