

Trauma Informed Support: '5 Key Skills'

This 2 day, asset based training, supports you to identify all the Trauma Informed skills you didn't know you had, and meet Level 2 in Scotland's Trauma Training Framework. It's focused on simple, practical tools and how to use them in real life situations.

Staff are 70% more confident identifying behaviours related to the impacts of trauma

They are 90% more confident in delivering Trauma Informed support

There is an increase of over 100% in knowledge of what forms of 'support' may cause 're-traumatisation' to individuals

About the trainer:

Ewan Law is a member of the Cross Party Group for Adult Survivors of CSA, and a Coach, with 10 years experience of delivering Trauma Informed Support.

accept **support** **include**

Upcoming dates: 19th - 20th March, or get in touch to arrange a booking for your whole team

Staff, volunteers, and managers say:

“It was stimulating, informative and above all, inclusive.”

“I left feeling really enthused,
I've never had training like it before”

“I feel privileged to have been a participant in this course”



Rowan Alba
TRAINING

Contact ewan.law@rowanalba.org for further details, and pricing for individual and group bookings.