

Trauma Informed Support: '5 Key Skills'

This 2 day, asset based training, supports you to identify all the Trauma Informed skills you didn't know you had, and meet Level 2 in Scotland's Trauma Training Framework. It's focused on simple, practical tools and how to use them in real life situations.

Attendees found they were 50% more confident in individuals they worked with being able to take the lead in their own support, and to identify their own 'problems' and find solutions to these.

They were also 70% more aware of aspects of support, such as policies, procedures and their own practice, which can cause re-traumatisation.

About the trainer:

Ewan Law is a member of the Cross Party Group for Adult Survivors of CSA, and a Coach, with 10 years experience of delivering Trauma Informed Support.

accept support include

Upcoming dates: 19th - 20th March, or get in touch to arrange a booking for your whole team

Staff, volunteers, and managers say:

"It was stimulating, informative and above all, inclusive."

"I left feeling really enthused,
I've never had training like it before"

"I feel privileged to have been a participant in this course"



Rowan Alba
TRAINING

Contact ewan.law@rowanalba.org for further details, and pricing for individual and group bookings.